# NEWSLETTER **CASTLETOWN PRIMARY SCHOOL**



INSPIRE, EDUCATE, SUCCEED

#### Issue 9

#### From the Principal's Pen

#### 22<sup>nd</sup> August 2013

**Dear Parents/Carers** 

#### ASSEMBLY

Mr Weckert's Year 6/7 class used their talents and clever team work to produce the 'Myth Busters Show' keeping us all in fits of laughter as they "took off" their teachers.

Who was afraid of rodents, a little deaf, a "chronological" shortie, knows every thing about cow's stomachs and more ?

Were the skits for real or just myths? Teachers themselves will have to sort that one out! Congratulations Year 6/7 for your creative thinking, your huge imagination and for your perceptions, real or otherwise that turned into humorous role plays.

#### WE HAVE A NEITA TEACHER! Mrs Wendy Weckert

Neita Awards (National Excellence in Teaching Awards) are presented annually to teachers who have been recognised by their communities as outstanding, dedicated and committed. This year the award is for inspirational teachers who are honoured and recognised for outstanding effective teaching. Mrs Wendy Weckert has been nominated for this prestigious award and was presented with a NEITA Certificate at the Assembly by Mrs Pia Powell, representing the parent community. We all join in congratulating Mrs Weckert.

#### WELCOME!

Welcome to our newest member of staff, Ms Kadi Turner our Psychologist, who will be available to service Castletown Primary on Wednesdays and Fridays of each week. Kadi has moved with her young family from Perth to Esperance and is looking forward to being part of our community.

#### **BORDER CONTROL VISIT (West Coast Eagles)**

Castletown welcomed special guest Glen Jacovich and the team to the Assembly and thoroughly enjoyed Rick the Rock Eagle, strong and swift, representing Eagles virtues of respect for self, others and the environment. We learnt about healthy lifestyles and healthy eating, then watched a role play from Rick. What a treat for our children to meet a real Eagle!

Year 6/7 were then given the opportunity to have a special coaching session in football on the oval with the Eagles Team.

#### **MUSIC FESTIVAL**

With just a few days to go, our choirs and percussion classes are ready to go on stage and give their best for their performances. Some wondrous voices and sounds have been floating out from the music room, enchanting us with melody and beautiful music. Thank you to Mrs Stevens for the superb training of our students for the Festival.

Just a reminder to parents that all children must return their permission slips to go to the Civic Centre on the Thursday and Friday. Children should be presented in full uniform for this important occasion.

*Thursday:* Yr 6/7 Percussion Groups – session starts at 10.20am

*Fridav:* Yr 4/5 & 5 Percussion – session starts at 10am

Friday: Junior Choir: session starts at 10.00am and Senior Choir: session starts at 11.00am

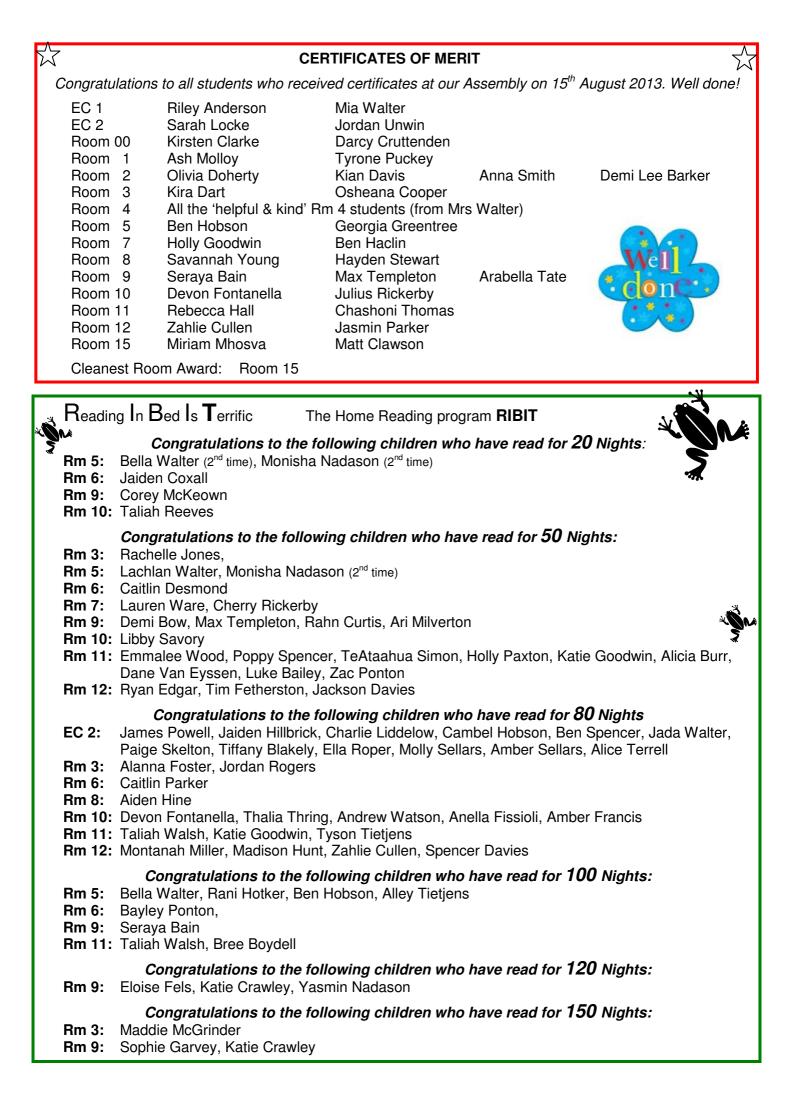
## Room 3: 9 Word Challenge

Find the 9 letter word and as many 3 or more letter word Students, challenge your parents and watch out for the next Newsletter!

This week's 9 Word Challenge was provided by: Hartley Pattinson, Yr 4, Rm 3

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ds as you can. answer in our	ο	с	Е			
	R	т	Е			
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Dates to Remember.....



Monday 26<sup>th</sup> August: Thursday 29<sup>th</sup> August: Sunday 1<sup>st</sup> September: Friday 6<sup>th</sup> September: Monday 9<sup>th</sup> September: 11<sup>th</sup> & 12<sup>th</sup> September: Yrs 5-7 Swimming commences Assembly (Choirs) TOMs Regional Final Yrs 5-7 Swimming Carnival Yrs 2-4 Swimming commences Musica Viva

# THE VIRTUES PROJECT - LOYALTY



**LOYALTY** - is staying true to someone. It is standing up for something you believe in without wavering. It is being faithful to your family, Country, school, friends and ideals – when the going gets tough as well as when things are good. When you are a **loyal** friend, even if someone disappoints you, you still hang in there with them. **Loyalty** is staying committed.

#### WHY PRACTISE LOYALTY?

You Can not Count on disloyal people to stay friends, because when problems happen, they go away. They often Change their minds about what they believe in to be important. When you practise loyalty people know they Can Count on you. People who are worthy of your loyalty Can trust that they will never stand alone. With loyalty, you build friendships that last forever.

#### HOW DO YOU PRACTISE LOYALTY?

You practise **loyalty** by committing to a person, or a belief. Choose your friends Carefully, so you can be friends for a long time. If someone tries to use your **loyalty** for a bad purpose, or hurts you over and over, you need to decide if it is right to go on being **loyal**. Stand up for your family and friends when others act unjustly. When you are **loyal** you are worthy of trust.

#### **SIGNS OF SUCCESS**

Please DO NOT send

nuts or nut products.

your child to school with food containing

You are practising loyalty when you.....

- Stand up for people and ideas you believe in
- Are a faithful friend through good times and bad
- Don't allow loyalty to lead you into trouble
- Don't let others come between you and your friends
- Are loyal to yourself

#### Lesley Mather – Associate Principal

## Tournament of Minds 2013

This year Castletown Primary School has two teams entering the Tournament of Minds. TOMs is a problem solving programme for teams of students that aims to enhance their potential by developing diverse skills, enterprise, time management and the discipline to work collaboratively with one another within a competitive environment.

TOMs is a national competition that involves 7 students in each team to solve a challenge and present to an audience and judges.

This year our teams have decided to tackle the Language Literature and Social Science challenges.

#### The Language Literature team: Facilitated by Mrs Rose:

Jamee Stewart Yr 7, Sam Johnston Yr 7, Kassidy Topping Yr 7, Monica Dellaca Yr 7, Hannah McBride Yr 6, Abigail Shafi Yr 6 and Ivy Bondarenko Yr 5.

#### The Social Science team: Facilitated by Mrs Wolfenden:

Adam Edwards Yr 7, Thomas Callow Yr 7, Sarah Butler Yr 7, Ruby Hodges Yr 6, Anna Smith Yr 6, Olivia Kipling Yr 5 and Sally Wilson-Hilton Yr 5.

Both groups have been working on their challenges from the beginning of this term, even giving up some Sunday mornings. The students have also completed after school sessions as they have two more weeks left before they present at the Regional Finals on September 1<sup>st</sup>.

#### We wish them luck!

SCHOOL CANTEEN Volunteers are always needed to assist in our Canteen. Please contact Janice at the Canteen or phone 9071 3148.



Remember to Crunch'n'Sip Drink Water and eat 5 veg 'n' 2 fruit each day for a healthy diet. The Canteen proudly uses Brumby's preservative free bread.





# Border Patrol Visits Castletown





On Thursday 15<sup>th</sup> August Castletown Primary School was fortunate to be visited by Glen Jakovich and 'Ricky the Eagle'. Glen currently holds the record for the number of games played for the West Coast Eagles. Glen and Ricky delivered a message about RESPECT. Together they spoke about and acted out situations relating to respect. These included,

- \* Respect of Yourself
- \* Respect of others
- \* Respecting the environment
- \* Respecting and participating in your community
- \* Respect and reaching your potential

They also spoke about the Five F's of sport \*Fun \*Fitness \*Friends

And my favourite sport is **Football** 

thall





The Yr 6's and 7's then participated in several fun football drills with Glen Jakovich and his helpers.

\*Family



Demi-Lee Barker, Yr 7, Rm 2



The **Yr 6/7** students are working on painting and print making this term. They have been studying, drawing and painting leaves and flowers. The Gum leaf and blossom designs were painted by Demi-Lee Barker and Kassidy Topping.



Kassidy Topping, Yr 7, Rm 2

#### TOP 10 Ways To Help Reduce Time Children Spend Watching TV At Home

- 1. Set a home rule of limiting TV time to 2 hours a day. Help your child set an electronic timer if necessary!
- 2. Make a "TV watching Plan" together as a family, where everyone has a say in how the limited TV time is spent.
- 3. Don't make the TV the centre of attention. Try putting the TV behind a screen or closed doors.
- 4. Make meal times "TV free" to give your family time to talk.
- 5. Make some days of the week "TV-Free" days if you can.
- 6. Try to avoid using TV as a baby-sitter help kids choose "TV free" activities to play as an alternative.
- 7. Try not to use TV as a reward or punishment.
- 8. Remove TV sets from children's bedrooms.
- **9.** Be a positive role model limit *your* TV watching and be more active too!
- **10.** Make some time to play with your kids to replace TV, playing computer or video games.

This information was provided by Healthy Kids: Eat Well, Get Active. For further information please visit <u>http://www.healthykids.nsw.gov.au</u>

Attendance

Your child is a <u>winner</u> if they attend school every day. Attendance rates of less than 90% have an impact on your child's precious learning and education.

