



CASTLETOWN PRIMARY SCHOOL

At Castletown Primary School, we inspire and educate all students to succeed in becoming productive and valued citizens.

Inspire - Educate - Succeed

Newsletter 2, Term 2 Thursday 30th June 2022



Dear Parents and Carers,

The term has certainly flown by, and we are almost at the half-way point of the school year.

Though COVID continues to have an impact, the number of students testing positive has reduced from the numbers we saw in May. We have had 34 students test positive in June, compared to over a hundred in May. We are really grateful for the common sense approach that families have taken in helping the school prevent further spread.

Last Friday in assembly, we were treated to a musical extravaganza as the students from Rooms 4, 5 and 6 took us on a journey through the decades. Thank you to both the students and teachers for putting on a great show. It was very entertaining.

At the end of Week 8, Kayelene Kerr from the E-Safe Kids ran Cyber Safety and Digital Wellness workshops with the Year 4, 5 and 6 students. A parent workshop was also held giving a range of strategies and information to support parents and students to navigate this complex area. Thank you to all of the parents who attended and also to the P&C who made it possible.

Our Year 4 – 6 students continue their swimming lessons this week, with the last day of term being the Swimming Carnival. Semester One reports will also be available on Friday.

The Term 3 planner is filling up quickly. In Week 8, the Year 1 – 3 swimming lessons will be taking place and the Year 6's head off to Nanga Bush Camp in Dwellingup. During Week 4, the artist Angela Rossen will be working with our Year 4's on a project called the 'Living Reef', and we look forward to the NAIDOC celebrations.

Finally, Mr Moore will be taking some long service leave in Term 3 and part of Term 4. We welcome Miss Kayla Biddulph and Mr Tim Holland into Room 7. Mr Holland will also be joining us as our specialist Music Teacher. Thank you to Mrs Sandy Walker for the wonderful work that she has done during Term 2 in Music. We wish her safe travels.

We hope you all have a safe and enjoyable holiday and look forward to seeing you in Term 3.

David Vooght-Simpson
Principal

Deputy's Desk - Student Services

Hello Parents and carers

Attendance at School

Wow, what a big semester it's been! COVID sure has thrown us some challenges but I think we've coped remarkably well here at Castletown PS!

Our whole-school attendance figures for the semester show that 48% of our students are **At Risk** of educational disadvantage due to school absence. Most of the time, there is completely understandable and reasonable cause for student absence. General sickness, close contact isolation and COVID isolation have been very difficult for families to manage. Thank you for playing your part in keeping our school community safe!

We aim for all our students to have at least 90% attendance with our average attendance goal across the school being 92% or above.

Education Department guidelines tell us:

- It only takes 10 days of absence in the semester to register a student **At Risk** of educational disadvantage.
- 20 days or more of absence in the semester places students **At High Risk** of educational disadvantage.
- 39 days or more of absence in the semester places students **At Severe Risk** of educational disadvantage.

The table below is very interesting as it shows the effect of cumulative absence.

There will be many student reports this semester containing a teacher comment that references school absence and the goal of improving school attendance. The intention of these comments is to positively draw awareness to the importance of school attendance, without any judgement or offence intended. We want to be clear and open in addressing this as an educational factor that can have a huge impact on the educational outcomes of our students. We are hoping to see the impact of COVID reduce in Semester Two, which should result in a correction and improvement on our school attendance figures.

If your child misses...	that equals...	or...	From Kindy to year 12 that adds up to...	Which is the equivalent of attending until:
1 day per fortnight	20 days per year	1 month per year	nearly 1 ½ years	part-way through year 11
1 day per week	40 days per year	2 months per year	over 2 ½ years	part-way through year 10
2 days per week	80 days per year	4 months per year	over 5 years	the end of year 7
3 days per week	120 days per year	6 months per year	nearly 8 years	the end of year 4

David McLaren
Deputy Principal

Deputy's Desk - Curriculum

e-Safe Kids Parent Workshop:

On Thursday, 16th June, Kayelene Kerr presented a Digital Wellness Parent Workshop to 24 of our parents. Kayelene provided some valuable tips and strategies to support parents with developing good habits with their children in using digital devices. These included turning off devices an hour before bedtime, keeping devices out of the bedroom overnight and being an active participant with your child when using a device.



The next day, Kayelene presented 3 workshops to our Year 4-6 students. Kayelene helped explain what the internet actually is to the students and how information is stored with the internet, and that even though they may think they have deleted something, it is never quite deleted. Students were encouraged to be aware of unsafe people that may be using the internet, to never take or send private or personal photos on devices to anyone and if they have received a mean or unfriendly message to pause before responding. Students were also encouraged to think about what they write in their messages in case their parent, teacher or the Principal was to see it.

We thank our P&C for providing the funds to support this important incursion and Parent Workshop.

Reports

Reports will be emailed out to parents this Friday. Parents are reminded to please download the reports onto your device as the link will expire after 6 weeks.

School Photos

School photos will be held in week 4 of term 3, further information will be sent out to all parents in week 1 next term.

Julie Fetherston
Deputy Principal

Assembly 10.06.2022

'Twas Mulga Bill's Bicycle, Banjo Paterson's humorous ballad that was expressively recited by Rooms 7 and 21. Carla spun fly the pie and selected her big brother Oscar to be pied. Congratulations to our Merit Award winners.



Indonesian

The last few weeks, year 5 and 6 students have been learning how to order food and drinks in our warung (small restaurant). They had to take turns to be the pelayan (waitperson) and the tamu (guest). Authentic menus were used and the students were surprised how cheap food and drinks are in Indonesia.

Helen Florisson
Indonesian Teacher



Room 13

We started our Math unit on time! We used hula hoops and chalk to create our clock, writing our time correctly using our minute and hour hands.



We've been working on a unit about 2D shapes. We've worked hard at identifying the characteristics (names, vertices, edges and angles) and made some artworks to match. Overall, a very successful unit of Math to round out the semester!



School Voluntary Contribution

A reminder to families that the School Contributions of \$60 per child (\$30 for Kindy) per year is now due.

Our preferred payment option is Direct Deposit. Please use students' first and last name as the reference.

Account Name: Castletown Primary School BSB: 306-037 Account: 415695-7

Alternatively, cash or card payments can be made in the front office.

Year 2 Excursion

On Friday 17th June, Year 2 students participated in an excursion around Esperance to learn about some of the historical sites in our town.

To start the day we went on the bus to the Tanker Jetty. We walked out to the shelters and read about when some of the jetties across Esperance were built. We even saw a squid being caught and a seal! After the jetty, we walked to the museum and explored some old technology which we have been learning about in History. We had lunch and a play at Grace Darling Park and then headed into town to visit the Bijou Theatre, Dolly Mix Museum and Moreton Bay fig tree. Everyone had a great day out and we are proud of how our students displayed the Castletown expectations around town. We received positive feedback from the businesses we visited saying it was a delight to have CPS students visit.

Year 2 Teachers

Miss Stokes, Ms Linden, Mrs Patterson and Mrs Coupar

Student Recount

My favourite thing at the museum was the tank in the vehicle section. I like how some things looked like now things and some things were past things.

My friend's favourite thing at the museum was the train because it had a mirror and a seat to sit down.

I liked how all of the year 2's went to the museum and I liked all of the things in the museum.

Louis Hawira

Room 4, Year 2

Assembly 24.06.2022

Our three year 2 classes danced through the decades to deliver a funky, colourful and action packed assembly. Congratulations to all our Merit Award and Aussie of the Month Winners.



Room 6



The students in our class have been learning about money in Maths.

Thank you Mr Woosnam (Rosalina's dad) for sharing your Aboriginal culture with our class.

Shaneen Coupar
Year 2 Teacher



Room 5

Our class has moved from paper weaving baskets to weaving with reeds. Linking this activity to Aboriginal culture, originally baskets were woven with grass, roots and reeds. These baskets were predominantly used to gather food. We were also fortunate to have parents assist the class with their weaving.



Eliza Paterson
Year 2 Teacher

RIBIT

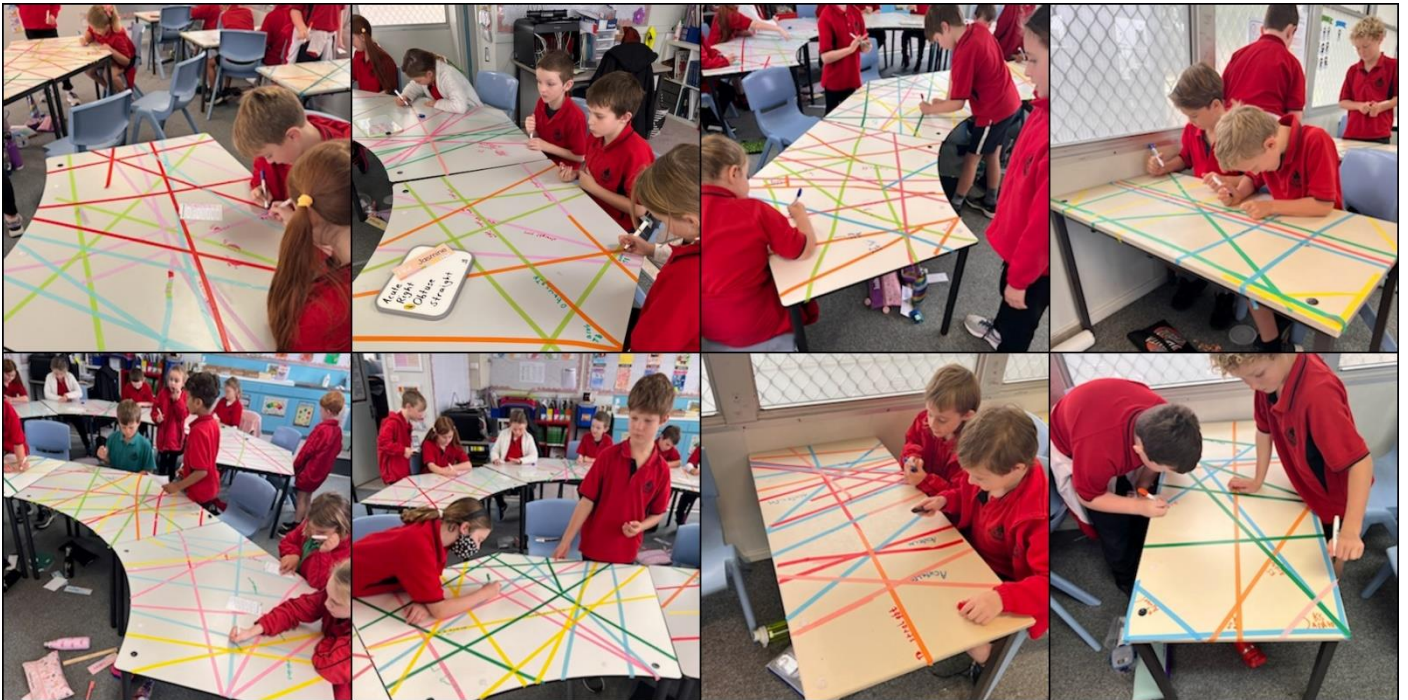
Congratulations to the following RIBIT readers

Room	Year	100 Nights
1	1	Phoebe Pitchers
4	2	Oscar Tabinor, Deacon Bower
5	2	Amelia Dhue, Olivia Richardson, Ted Graham, Oliver Davies
6	2	James Humphrys, Eli Drummond
7	5	Logan Andersen
8	3	Adelayde Humphrys
10	6	Kady Creedon, Blake Brensell, Marli Browning
13	4	Mikaylah Stephen, Julian Butcher, Nathan Forrester
14	4	Spencer Bower and Nicola Linden



Room 22

Students decorated their desks using washi tape and then had to find the angles from the patterns they created. Lucky kids even got to write all over their tables with whiteboard markers.



Larissa Bower and Jo Pelly
Year 3 Teachers

PJ Day

On Wednesday the 8th June we were snug in our pyjamas, Ugg boots and dressing gowns to raise money for our Year 6 school camp. The grand sum of \$570 was raised. Well done everyone, what a fun day we had.



Castletown Primary School
@castletownprimaryschool - Instagram

Send Message

**DO YOU WANT TO KEEP UP TO DATE WITH
THE EXCITING THINGS HAPPENING IN OUR
SCHOOL?**

YES?

LIKE OUR FACEBOOK PAGE:



facebook.com/Castletown-Primary-School



Reading can take you
anywhere

Register for the
Premier's Reading Challenge
to start your magical journey.



PREMIER'S READING CHALLENGE

School holidays are upon us and now is the time to join the challenge! 138 Castletown PS students have already joined! Special mention to Mila Gow, Mason Perks, Amelia Dhue, Lacey Hawke, Everly Dhue, Lilly Ramm, Ebony Reynolds, Olivia Beardsmore and Zali Channon who have, to date, read a grand total of 289 books between them.

The challenge is to log 12 or more book titles until 9 September 2022, and readers will go in the draw to win extraordinary prizes. For more information, or to sign up, click on the following link:

[Premiersreadingchallenge](#) and Follow on [Facebook](#) or [Instagram](#).

A Message from the Health and Wellbeing Team

How you can support your child at home

We encourage you to
get involved in your child's
mindfulness journey!

Mindfulness activities

We know that the greatest learning actually happens at home and we hope you are excited to find ways to bring mindfulness into your home - it will benefit your child and your whole family!

If your child's school has started to use Smiling Mind, your child will have a take-home activity that they can do at home each week.

Here are some more ideas for mindful activities you can do together at home:

01

Mindful eating



Think about how your family eats their meals - is everyone all over the place or do you sit down and enjoy a meal together?

Try and use meal time to savour your food, speak to each other and be present without any unnecessary distractions.

02

Mindful awareness



Spend time inside your house or in the garden and take some time to simply pay attention to what you can see, hear and smell.

It's amazing how often we go about our day without noticing what's right in front of us.

03

Mindful communication



Try and practice mindful communication by being aware when you are distracted and not paying attention, and bring your attention back.

Try and remind yourself to stop multitasking and simply pay attention when you're speaking to one another - really try and focus on what is being said and see if you can listen without thinking of other things - it's hard, but worth it!

Snap Shot

Sally McLaren ESHS Year 7 Coordinator, came and spoke with our Year 6 students' on Thursday 9th June about the excellent opportunities available for students at Esperance Senior High School. Enrolment packs were sent home on the day. These now need to return directly to the High School. We encourage parents to do this ASAP so that ESHS staff can plan for 2023.



ESPERANCE SENIOR HIGH SCHOOL
A PROUD INDEPENDENT PUBLIC SCHOOL



Recently spotted on the [ESHS Facebook page](#) former Student Amelia Graham and CPS School Board Community Rep Anna Bonney participated in a Stars Foundation activity at ESHS.

Dates to remember

Monday 18 th July 2022	First day of term 3
Monday 25 th July 2022	P & C Meeting 1:30pm in the Staff Room
Wednesday 3 rd August 2022	Board Meeting 3:30pm
Thursday 4 th August 2022	Year 4 PEAC testing
Friday 5 th August 2022	Assembly – Room 11 and 12
Monday 8 th to Friday 12 th August 2022	Year 4 Living Reef Workshop
Tuesday 9 th and Wednesday 10 th August 2022	School photo days
Friday 12 th August 2022	NAIDOC Day
Monday 15 th to Friday 19 th August 2022	Life ED Incursion
Wednesday 17 th August 2022	Student Leaders Day at Esperance P.S.
Tuesday 23 rd to 24 th August 2022	Father's Day Stall
Friday 26 th August 2022	Assembly - Room 22 Book Week Dress Up Day
Monday 29 th August to Friday 2 nd September 2022	Year 1 and 3 Interm Swimming Lessons
Monday 29 th August 2022	Numero Comp
Wednesday 31 st September 2022	Board Meeting 3:30pm
Monday 5 th to Friday 9 th September 2022	Year 1 and 3 Interm Swimming Lessons Year 6 Camp
Friday 16 th September 2022	Assembly – Room 9 and 10 Colour Fun Run
Friday 23 rd September 2022	Last day of term 3

Community News

Please [click](#) here to view our community events page on our website.

SHOWCASE ESPERANCE

Entry Information 2022

Showcase Esperance is open to Esperance residents. The winning design, as chosen by the Shire of Esperance, will be entered into the 2022 WALGA Esprit/Esprit in the Poles competition and will be displayed with other WA Local Government designs on the digital tower at Yagan Square.

A prize of \$500 of vouchers from one or more suitable local businesses will be awarded to the local winner. Category Winners will receive a \$50 voucher to a local business.

Design Criteria:

- The design can be digitally created or physically created in any medium then digitised (photographed).
- Portrait orientation is essential.
- Digitally created artwork should use the dimensions 896 pixels (height) by 650 pixels (width). DPI of a minimum of 300 is recommended.
- For the first time, the competition is being expanded to include video submissions.
 - HD (1280px by 720px) or Full HD (1920px by 1080px) only
 - MP4 files only
 - Videos to be exactly 30 seconds.
 - Videos longer than this may be clipped, and videos shorter than this may not be approved for playback.
 - English subtitles for all speech
 - No wind sounds, traffic sounds, or sudden/loud noises
 - Content only. No swearing, sexual reference or references to drugs, alcohol, gambling, smoking or any illegal or antisocial behaviour
 - No copyrighted content, including music
- For non-digital creations, a minimum size of 1472mm (h) x 1067mm (w) is recommended to ensure details are captured. A ratio of height to width 1.38 (height: 1 (width)) must be maintained.
- For non-digital creations: possible 'canvases' include: paper, floor (pavement/wall), fabric/canvas/paper.
- For non-digital creations: possible media includes paint, textas, mixed media, collage materials, mosaic tiles, upcycled materials.

- The word ESPERANCE must appear in large, clear lettering. Any written messages to be short, simple, large and clear
- The design should promote a bright, positive image of Esperance
- The design should use large, bright and bold images as minor details will not be seen when on display.
- As the digital tower in Yagan Square faces the road, the following guidelines must be strictly adhered to:
 - No solid red, green or orange/amber colours.
 - No photograph/pictures of road networks or traffic.
 - Content cannot include colours or shapes that could be mistaken for traffic signals, signs or instruction signs.
 - Composition should not be chiefly made up of dark images as they will not be visible during the day.
 - No commercial advertising / brands to be displayed.

The Banners will be judged on:

- Creative composition & artistic merit
- Individuality, boldness and humour
- Use of colour and creativity
- Is it easy to identify something about Esperance?
- Can you read the ESPERANCE name?
- Some consideration will be given to relevance to WALGA Local Government Convention Theme: Embracing Change

Submitting your Entry via email

Please select your entry category:

- Non-Digitally created Lower Primary: PP-Y3
- Non-Digitally created Upper Primary: Y4-Y6
- Non-Digitally created High School: Y7-Y12
- Non-Digitally created Community Group or Non-Digitally created Non-Professional or
- Digitally created (all ages) or video (all ages) or Professional

SHOWCASE ESPERANCE DESIGN COMPETITION

DIGITAL OR PHYSICAL OR VIDEO DESIGNS

ALL AGES & ABILITIES - PRIZE POOL \$700 - ENTRY INFORMATION:
ESPERANCE.WA.GOV.AU/SHOWCASE-ESPERANCE-DESIGN-COMPETITION

SHOWCASE ESPERANCE

Entry Information 2022

All entries must be submitted to shire@esperance.wa.gov.au via email by Monday 1st August

Please use the subject heading: Showcase Esperance and submit your entry as an attachment. In the body of your email please include your name, contact phone number and category. Please confirm that you are an Esperance resident and, that it is your original work and that you have not included any copyrighted content.

Please do not submit physical artwork. If the artwork is not created digitally, please take a photograph of the work in its entirety, taken from a height so as not to skew the banner. Please ensure the DPI is a minimum of 300 and submit the original image (not resized and do not select a smaller file size). Entries can be submitted in the designer's preferred file format; however, submission of a jpeg image is encouraged.

For video entries, we are happy to accept a USB, or a link to a cloud-based storage (eg One Drive). Alternatively, the Shire can also provide a Next Cloud link to upload your video to - please call to arrange.

Please retain your digital file and/or original artwork as this may be used in the event that your entry is selected as the competition winner. The winner will also be asked for additional information about their entry and use of their image by the Shire of Esperance and WALGA.

By entering the competition, you agree to your artwork being used by the Shire of Esperance and the WA Local Government Association for display and promotional purposes.

If you have any questions please contact our Community Development Officer on 9071 0678 or email info@esperance.wa.gov.au



Images: #ShireEsprit in Photo 2019 and 2021 State Winners for each category

ROALD DAHL
AND THE IMAGINATION SEEKERS
A MISCHIEVOUS & INVENTIVE
theatrical family show for 6-10 year olds
Developed with support from the Roald Dahl Story Company

Esperance Civic Centre
Council R, Esperance
9 September, 1:00 and 5:00

Tickets available from Shire Administration, Esperance Library, Visitor Centre or Online www.esperance.wa.gov.au

ESPERANCE CIVIC CENTRE PRESENTS
BRASS MONKEYS
5 PM
12 OCT 2022

Esperance Civic Centre
Council R, Esperance
9 September, 1:00 and 5:00

Tickets available from Shire Administration, Esperance Library, Visitor Centre or Online www.esperance.wa.gov.au

ERTH'S PREHISTORIC WORLD
TWO WORLDS, TWICE THE FUN

2-7 AUGUST
Esperance Civic Centre

Tickets available from Shire Administration, Esperance Library, Visitor Centre or Online www.esperance.wa.gov.au

The Giovanni Consorti Present
Cloud Nine
JOURNEY INTO A MUSICAL DREAMSCAPE

11 & 12 JULY 2022
Esperance Civic Centre
CHAMBER CHOR

Tickets available from Shire Administration, Esperance Library, Visitor Centre or Online www.esperance.wa.gov.au

ESPERANCE CIVIC CENTRE PRESENTS
a monkey baa theatre company production
EDWARD THE EMU
puppetry, music & unique storytelling... a brand new interpretation of the loved picture books!
based on the books by sheena knowles & rod clement written for the stage & directed by eva di cesare
AGES 4-10 + FAMILIES
"I absolutely love what you have done... clever, quirky & very original" Sheena Knowles, author

30 AUGUST 2022 - 2 x SHOWS

Tickets available from Shire Administration, Esperance Library, Visitor Centre or Online www.esperance.wa.gov.au

ROCKIN' ROLLIN' WEEKEND
FREE EVENT
16 & 17 JULY 2022
POP-UP ROLLER RINK
MACCA STADIUM, GREATER SPORTS GROUND

BYO Skates, limited number of free hire skates available.
No bookings required. BYO drinks & snacks. FREE water & fruit provided.
Family friendly, alcohol free event.

High school age & above only	Primary school age & below only	Adults only (18+)**
Saturday 16 July 1pm-2pm - Workshop 6pm-8pm - Disco	Sunday 17 July 1pm-2pm - Workshop 2pm-3pm Disco	Sunday 17 July 4pm-6pm - Skate Session & Have-a-go

**Children allowed with parent/guardian supervision

Questions? Call Shane on 0418 557 397

Kick'ARTs

WORKSHOPS

July 2022

FELT BEANIES Monday 4 July 10am-12noon 10-17yrs ZEN TANGLE Tuesday 5 July 10am-12noon 8-17yrs POLYMER CLAY EARRINGS Wednesday 6 July 10am-12noon 10-17yrs CULTURAL ART JOURNEY- STORYTELLING THROUGH ART Thursday 7 July 10am-12noon 5-10yrs 1pm-3pm 10-17yrs MAKING DAMPER with NANNA ANNIE Friday 8 July 10am-12noon 5-17yrs DRAWING WITH SCISSORS Monday 11 July 10am-12noon 7-12yrs	FLOWER CROWNS Monday 11 July 1pm-3pm 10-17yrs CLAY VILLAGE Tuesday 12 July 10am-12noon 5-12yrs CREATE YOUR OWN WAND Wednesday 13 July 10am-12noon 7-14yrs CULTURAL ART JOURNEY- STORYTELLING THROUGH ART Thursday 14 July 10am-12noon 5-10yrs 1pm-3pm 10-17yrs WASTE WARRIORS RECYCLED SCULPTURE Friday 15 July 9am-3pm 8-14yrs
--	--

BOOK ONLINE! www.canneryartscentre.com.au

Proudly supported by:

Esperance Basketball Association, with Basketball WA, are excited to announce

Goldfields Giants & South West Slammers

SATURDAY 9TH JULY ESPERANCE INDOOR STADIUM WOMEN 5:30PM MEN 7:30PM	SUNDAY 10TH JULY ESPERANCE INDOOR STADIUM WOMEN 11:00AM MEN 1:00PM
---	---

CANTEN AND BAR

DOOR SALES
\$15
 Under 10 FREE

HALF TIME ENTERTAINMENT

Esperance One & All Community Program

Games & Bunk Club
 Thursday 7th July
 10am-12pm
 @ Esperance Museum

Workshops with local businesses
 Friday 8th July
 10am-12pm
 @ Esperance Museum

The Mathematical Association of Western Australia

We welcome you to share this with your school community through our online resources.

VOLLEYBALL WESTERN AUSTRALIA

KIDS & JUNIOR VOLLEY INDOOR CAMP 2022

LOOKING FOR A WAY TO JUMP BACK IN TO VOLLEYBALL THESE SCHOOL HOLIDAYS?

This participation camp aims to introduce volleyball skills to players who are new to the sport as well as expanding on existing skills for current players.

The two-day camp is open to all levels and coaches will group players of a similar ability level together.

WHO: Kids (Primary School) & Juniors (High School)

DATE: Tuesday 12th & Wednesday 13th July

TIME: Kids (Boys & Girls) 8am - 10am
 Junior Girls 10am - 12:30pm
 Junior Boys 1pm - 3:30pm

LOCATION: The Rise (28 Eighth Ave, Maylands, WA, 6051)

PRICE: \$60

Register for the camp by heading to <https://bit.ly/32LMtGv>
 Registrations close Sunday 10th July

For more information, please contact the Schools and Junior Development Coordinator on juniors@volleyballwa.com.au or 08 9228 8522

Colouring-in Competition

Colour in this year's NAIDOC Poster.

Submit your entry to ecol@esperance.wa.gov.au or drop it in the Shire Administration Building.

Get into the spirit of NAIDOC week by participating in our colouring-in competition!

All entries go in the draw to win a \$50 voucher to a local Esperance business of their choice!

GET UP! STAND UP! SHOW UP!
 9-10 JUL 2022

The poster can be downloaded from the Shire website or hard copies can be collected from the Library and Shire Administration Building.
 Entries close 4pm Thursday 30 June 2022.

BRONZE MEDALLION INFORMATION

Price:
 \$180.00 Full Course
 \$85.00 Requalification

What you will need to bring:
 Towel
 Bathing
 Long sleeved shirt and pants to be worn in the water
 Writing pen and paper
 Snacks and drinks

What you will have to do:
 Theory paper
 400m swim within 13 minutes
 Timed tow within 3 minutes and 15 seconds
 Resuscitation - DRSABCD
 Spinal injury management
 Recover and resuscitate
 Rescue techniques
 Search patterns (open and closed)
 Initiatives

Times and Dates:
 Requalification and Examination Saturday 30 July 12noon - 4pm
 Bronze Medallion Full Course Saturday 30 July 8am - 4pm

Any enquiries contact BOILC Swim School on 9083 1703.

BRONZE MEDALLION ENROLMENT FORM

Participant's Details

Name: _____
 Address: _____
 D.O.B: _____
 Phone Number: _____
 Emergency Contact: _____
 Emergency Contact's Phone Number: _____

I acknowledge and agree that during all such times I am on the premises of the Bay Of Isles Leisure Centre - Esperance or its surrounds that both my property and my person shall be at my own risk in every respect and hereby disclaim and release the Esperance Shire and every occupier thereof, all employees, volunteers and invitees to the full extent permitted by law from all my liability of any kind which may arise in respect to any accidents or damage to property or injury to any person on the Centre premises, or its surrounds.

I warrant that I am in good state of health, fitness and physical condition and that there is no medical reason whatsoever that could be regarded as a restriction upon or an impediment to participation in the Bronze Medallion Course.

I acknowledge that I have read, understood and intend to abide by the Centre Rules and Regulations.

Signature: _____ Date: _____

Office Use Only
 Date Booked: _____
 Receipt No: _____
 Staff Signature: _____