



# CASTLETOWN PRIMARY SCHOOL

*At Castletown Primary School, we inspire and educate all students to succeed in becoming productive and valued citizens.*

**Inspire - Educate - Succeed**

## Newsletter 2, Term 1 7<sup>th</sup> April 2022



Dear Parents and Carers

How quickly this term has flown! So much has happened over the past ten weeks, it has simply been a blur. We have been very lucky with Covid, as we only just recorded our first positive case in a student who was infectious while at school, all the previous ones occurred in students who were already home in isolation.

With the case from Friday, the students in the class were wearing masks most of the time (removing them to eat and drink), and a close contact only occurs where both the infectious person and the contact have their masks removed indoors. This emphasises the importance of keeping the face mask for year 3 to 6 students. For classes from Kindy to Year 2, where children are not wearing masks, the presence of an infectious child will mean the other students will be classed as close contacts. They will be able to continue attending school, but will have to isolate outside of school hours. (Their parents and household members will not be close contacts).

**Parents and Citizens Association News:** At the Annual General Meeting of our P&C last week, Fiona Ryan was re-elected as President; Tania Wright as Treasurer; Jasmine Tate as Vice-President; and Anna Dhue was elected as our new secretary. Thank you to all who attended, either in person or on line, and to the many who have taken up roles as office-bearers or committee members. Our school is fortunate to have such a strong, effective P&C led by a very professional, efficient team. Our canteen and uniform shop, managed by Addie Timms, have evolved into an exemplary model for other schools.

**School Board News:** At the board meeting last week, Ian Richardson was elected as the new chair, taking over from Janet Durrant who has stepped aside after doing a sterling job in the chair for the past year. Dee Bennier was re-elected as Vice Chair. There was a tinge of sadness as we farewelled Tania Wright who has served for four years on our school board, including two as chair.

Karen Wooldridge was welcomed as a new parent representative, and Alan Chamberlain as a new staff representative. Other board members who are continuing are Michael Drake-Brockman and Kellie Guest (parents) and Michelle Holthouse, Kim Kidd and David McLaren (staff) with Janine Doney as executive officer.

Anna Bonney has served as a community representative on the board and has relinquished that position – thank you Anna for your time.

I wish to thank all the board members past and present for their contribution to making our School Board a valuable, effective body which serves our school extremely well by providing guidance and support in many ways.

**Our New Principal:** Our regional Education Director Mr Saeed Amin will be leaving the Goldfields region at the end of this term, to take a position in the Northern Territory, for which we wish him well. One of his final tasks was to chair a panel to select this school's new principal to commence next term. I have pleasure in advising that the successful applicant is Mr David Vooght-Simpson, currently principal at Ravensthorpe District High School. David is well known to many of us, having worked at Esperance and Scaddan Primary Schools in recent years, and I know he will enjoy his time at Castletown Primary School.

**Anzac Service:** Our school will hold an Anzac Day service, early in term 2. The details are not yet finalised as we wait to confirm Covid latest rules and guidelines, so details will be provided later. Our school leaders will participate in the town march and service on April 25<sup>th</sup> as usual.

**Nature Playground is Open!** After two long years of planning and construction, the school's fantastic nature playground structure is open. We held an opening on Tuesday with two students, Lawson Ryan and Charlotte Pratt, cutting the ribbon. Lawson's mother Fiona Ryan, and Charlotte's grandfather Paul Pratt, have been instrumental in seeing this through to completion. Fiona has negotiated many hurdles in the planning and compliance, and Paul has translated the myriad of regulations and rules around playgrounds into physical completion.



We have had invaluable assistance with this project, including a \$5,000 grant from Shire of Esperance, assistance from Drake-Brockman Building, and donations from Southern Pacific Fibre and Bunnings. The Dept of Education also helped us out by contributing several thousand dollars for the change-out of timber for the sub-structure when we struck a hurdle with the building materials used.

**Road Safety:** I have been concerned by reports of students riding their bikes unsafely to and from school, and crossing the road without looking. Parents must be aware of their children's bike riding abilities and ensure they know the road rules and how to manage crossing the road, etc. The Police Dept recommend that children do not ride bikes without an adult on the roads until they turn 10, as this is the age when their road sense and ability to judge distances and speeds of vehicles is sufficiently developed.

The school crossing is not manned in the mornings, and not always in the afternoon due to the position being vacant. Parents are asked to reinforce to children that they must stop at roads and check both ways twice, and give way to cars at all times.

**Footy Registration Day:** The Newtown-Condungup Football Club is holding a junior skill development and registration day for under 10s and 12s on our school oval, this Thursday 7<sup>th</sup> April between 3.30 – 4.30pm. Please see the flyer with this newsletter. We strongly encourage families to ensure children participate in community sport outside of school, as this is very good for their physical and social development. If football is not their thing, there are many other sports available in our community, for which we are very fortunate.



**That's All Folks.** This is my final newsletter as principal of Castletown Primary School, as I will be taking long service leave in term 2 followed by retirement. I wish to thank everyone in our wonderful school community for the way you made me feel so welcome when I arrived in February 2020, and the support I have received since. I was appointed for three months initially, but when an extension was offered I jumped at the opportunity to stay on. My wife Karen was fortunate to inherit the music specialist role from Tim Holland in July 2020, and I know she too has grown to love the school, its students, staff and parents. Although we will eventually move back to Busselton later in the year after enjoying Esperance and its surrounds for a few work-free months, we will be regular visitors back here.

I wish you all the best for the future, and I know you will provide the same welcome and support to my successor, David Vooght-Simpson, from term 2.

Best wishes

Tim Baker  
Principal

## **Deputy's Desk - Student Services**

Hello Castletown Community

What a whirlwind of a term we've had! Here's a couple of highlights from the Student Services perspective:

### **WA Positive Behaviour Support (WA PBS)**

We have commenced the official implementation of this program at Castletown PS.

*WA PBS provides an operational framework aligned to DoE policy. Positive Behaviour Support builds a continuum of supports for staff and students with an emphasis on building relationships. It is a decision-making framework that*

*guides selection, integration and implementation of the best evidence-based practices for improving academic and behaviour outcomes for all students.*

Our school already utilises much of the WA PBS methodology, and so we have an excellent opportunity to refine and enhance our existing processes and strategies. I'd like to introduce you to our new PBS staff team who will drive this important area of the school:

- Damien Pansini (Leader)
- Sally Castledine (Front Office)
- David McLaren (Admin)
- Susie Watt (Specialist)
- Vanna Dellaca (Middle)
- Eliza Paterson (Junior)
- Robyn Popham (ECE)
- Kim Kidd (Senior)
- Ainsley Cumins (EA)
- Jake Meadley (Chaplain)

### **Linking in with Goldfields Population Health - Esperance**

We are lucky to have an outstanding Child Development Service in our town - Population Health. I cannot speak highly enough about their team of clinicians and therapists. The school has continually received an excellent standard of communication and teamwork when it comes to working together and supporting our youngsters. I'd like to thank the following Population Health staff for their awesome teamwork over the last 2 years:

- Nikee Tierney
- Allyson Peterson
- Rikki-Jane Roberts
- Dawn Barrett
- Angela O'Keefe
- Ros Appleton
- Nickee Priestman

I had our school health nurse, Rikki-Jane, recently share an invitation to an upcoming event – Circle of Security Parenting Series. Learning Objectives of the Training:

- Understand your child's emotional world by learning to read their emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

There's a flyer contained in the Community News section of this newsletter for further information and details on how to register.

Have a fantastic Autumn School Holiday break and I look forward to seeing everyone in Term 2.

Regards

David McLaren

Deputy Principal – Student Services

## **Library News**



As part of the Library **ANZAC** display (Animals in War theme), students had the opportunity to dress up. Students were amazed how heavy the helmets were! A huge thank you to **Paul Russell**, for once again so generously lending us items from his war memorabilia collection.

*Pictured left to right - Imogen Edwards & Sailas Puckey - EC6*

Sally Castledine  
Library Officer



## Assembly 11.03.2022



## Merit Award Winners

Congratulations to our Merit Award Winners at our assembly.

Room	Year	Award Winners
EC4	PP	Nate Scrimgeour, Kora Tyrrell
EC5	PP	Scarlett Yorkshire, Rylan Narkle
EC6	PP	Atlas Hill, Mia Scullin
1	1	Kunshi Herath, Reef Ward
2	1	Milly Shepherd, Eliza Tate
3	1 / 2	Hazel Nelson, Dylan White
4	2	Bridgette Forrester, Louis Hawira
5	2	Olivia Crocker, Sophia Gifford
6	2	Emmett Buckley, Eli Drummond
7	3	Judd Bassett, Grace Holding
8	3	Emilyn Young, Toby Holthouse
22	3	Judd Major, Emily Riggs, Deegan Vincent
13	4	James Woosnam, Ruby Riggs, Riley Webster
14	4	Izabella Rolton, Carter Watt, Nicola Linden
21	5	Alyrah Stokes, William Wright
9	5/6	Seth Patton, Summer Bingham
10	5/6	Nate Stead, Marli Browning, Shane Nievaart
11	5/6	Bodhi Davies, Alyssia Bain, Dhakota Houston
12	5/6	Carta Tawhiao, Tyson Walker

## Sport

It was a hot and busy term for both teachers and students in P.E this term. We managed to get super fit, organised and ready for our Athletics Carnival but Covid arrived a little too early. We will get to this later in the year. We then turned our attention to the upcoming AFL season. Students worked hard on their hand balling and kicking techniques, as well as game strategies. Winter is fast approaching which means community clubs will be getting ready for their



seasons. There is still time for your child to sign up for winter sports like hockey, soccer, football, netball and gymnastics. Contact local clubs over the holiday period to get your child involved.

Have a fun Easter holidays with your kids and make the most of the autumn weather before the winter chill kicks in!

Mr.P  
Physical Education Teacher

## **Room 13**

In Room 13 we worked on our sunflower artworks for our foyer display. We learnt that sunflowers need around 6 hours of sunlight a day (that's a whole school day!) and face the sun to get as much as they need. We also learnt that sunflowers signal the change in season, from Summer to Autumn, which happened on the 1st of March!



Thanks to Mrs Castledine for making our Library sessions so engaging! The last few weeks we have been looking at some

books for ANZAC Day, particularly at the animals that were part of the wars! In our library session in week 9 we even got to have a go dressing up in some army uniforms.

Tori Wiszniewska  
Year 4 Teacher

## **Room 6**

The Docker Teachers were outnumbered by Eagle students.



Shaneen Coupar  
Year 2 Teacher



## Assembly 01.04.2022



## Merit Award Winners

Congratulations to our Merit Award Winners at our assembly.

Room	Year	Award Winners
EC4	PP	Emerson Coles, Eleanor Douglass
EC5	PP	Riley Bourne, Charley Scott
EC6	PP	Camryn Linden, Eddie Gordon
1	1	Nash Bassett, Naite Styles
2	1	Zoe Herbert, Ruby Chesson
3	1 / 2	Braydon Knox, Sunny Puckey
4	2	Sarah Macalpine, Deacon Bower
5	2	Aio Karamaene, Morgan Guest
6	2	Ivy Maher, Michael Crehan
7	3	Sophie Bald, Devyn Perks
8	3	Indigo Eaves, Peggy Truong
22	3	Max Chitarra, Roy Cameron
13	4	Violet Hill, Nathan Forrester, Aaliyah Meredith
14	4	Oliver Thorn, Amberley Owen, Jacob Black
21	5	Beau Sylva, Abbey Stratton, Jaxon Mansted
9	5/6	Charlie Wood, Noah Ryan, Scarlet Pugh
10	5/6	Graciella Burgess, Cooper Weckert, Ella Tabinor
11	5/6	Charnique Owen, Xavier Richardson, Charlie Wooldridge
12	5/6	Irene Ngerdu Jessell, Lucas Nankivell





## Room 10

Mrs Castledine reading an Anzac story to room 10, the students were then able to dress up in real war memorabilia!

Amy Burton  
Year 5/6 Teacher



## Sustainability

We really need your support this year. Our enthusiastic team members are collecting donations of items for our Garden Kitchen resources.

This month we are collecting rolling pins. They can be new or more importantly pre-loved.

If you have a rolling pin to donate, please drop off at the office or your class teacher.

Thanking you

Sustainability Team Members



## A Message from the School Health Nurse

Welcome to the new school year. My name is Rikki Roberts and I am the school health nurse who visits your school.

School Health Nurses work in schools to promote healthy development and wellbeing so students may reach their full potential. A major part of my work is focussed on early intervention and the school entry health assessment program. Additionally, the nurse can be contacted at any time throughout primary school if you have concerns about your child's health development or wellbeing.

School Health Nurses serve as a health contact point for children and their families, providing information, assessment, health counselling and referral. They also work in partnership with schools to support teachers in health related curriculum and can assist in the development of health care plans for students with complete and chronic health needs. The services provided are free and confidential. Please contact me at Population Health on 9071 0400.

Rikki Roberts  
School Health Nurse

## New Nature Playground





# A Message from the Health and Wellbeing Team

## Supporting School-Aged Children

Looking after your child's mental health is just as important as looking after their physical health. There are things that we can do to support your child's mental health and wellbeing. Being active, having a sense of belonging and having a purpose in life all contribute to good mental health. There are so many ways that you can encourage your child to act, belong and commit in their everyday lives. Here are some tips to get you started

### Act – Do something

Support your child to keep active in as many ways they can mentally, physically, socially, spiritually, culturally.....

- Walk or ride to school
- Kick the footy with mates
- Write in a journal
- Act with mindfulness

### Keeping active mentally

Encourage your child to keep active mentally.

- Find books that they enjoy reading or read a book together.
- Playing board games
- Doing puzzles
- Learning languages
- Doing arts and crafts
- Learning an instrument

These are great ways we can help them stay active mentally.

### Snap Shot!

Did you spot our ex-students in these Year 7 photos from ESHS FB page?

It is great to see them settling in so well at the school. What talented students they all are.

**Act**  
Do something

- Take a walk
- Read a book
- Dance
- Chat with a friend
- Meditate or pray

Keep active in as many ways as you can mentally, physically, socially, spiritually, culturally...

**Commit**  
Do something meaningful

- Volunteer
- Take on a challenge
- Learn something new
- Help out a friend or neighbour
- Commit to a cause

Be involved in activities that provide meaning and purpose in life.

**Belong**  
Do something with someone

- Join a local sports club
- Get involved in a book club
- Catch up with your mates
- Attend community events
- Connect with your neighbours

**Being mentally healthy feels good.**  
Being mentally healthy is when each of us are able to realise our potential, cope with day-to-day stresses, work productively, and make a contribution to our community. Get on the front foot with your mental health. It's as simple as Act Belong Commit.

**Get involved**  
www.actbelongcommit.org.au

**Find an activity**  
Jump online and find an activity today

**Where are you at?**  
Take our self assessment to check in with your mental health

**Connect with us.**  
Learn more at [actbelongcommit.org.au](http://actbelongcommit.org.au)  
Keep updated on events  
Find activities near you

Follow us  
@actbelongcommit  
#actbelongcommit

Subscribe to our newsletter at  
[info@actbelongcommit.org.au](mailto:info@actbelongcommit.org.au)

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**How to keep mentally healthy.**

**act belong commit**  
Mentally Healthy WA



**ESPERANCE SENIOR HIGH SCHOOL**  
A PROUD INDEPENDENT PUBLIC SCHOOL





## Dates to remember

Friday 8 <sup>th</sup> April 2022	Last Day of Term 1
Tuesday 26 <sup>th</sup> April 2022	Staff Development Day – <b>Students do not attend today</b>
Wednesday 27 <sup>th</sup> April 2022	First Day of Term 1

## Community News

Please [click](#) here to view our community events page on our website.

### Dental Clinic Restrictions

We have finally received notification that we are able to begin seeing patients again.

We will be sending out appointments in the mail in the next few days for the patients whose appointments had been cancelled.

Patients requiring treatment will need a RAT before any treatment is given. We do the testing at the clinic when they arrive for their appointment. As a result of this our appointment times will be significantly longer per patient. Before having a RAT the patients mustn't eat/drink, chew gum or brush their teeth for half an hour before their appointment.

We are only able to have 2 people in the waiting room any given time.

If anyone has any questions, please have them contact us 90711781 or email: [EsperanceDTC@health.wa.gov.au](mailto:EsperanceDTC@health.wa.gov.au)

Esperance Dental Therapy Centre

**Kickarts** SCHOOL HOLIDAY PROGRAM APRIL 2022

DATE	TIME	ACTIVITY	AGE GROUPS
TUES 12 APRIL	10AM-12	EASTER BUNNY ACRYLIC PAINTING	8-14 YRS
	1PM-3PM	POTTERY PLANTER	10-17 YRS
WED 13 APRIL	10AM-12	CARTOON ME!	5-10 YRS
	1PM-3PM	COME JAM WITH KYZA	10-17 YRS
THURS 14 APRIL	10AM-12	FANCY WINGS	5-12 YRS
	1PM-3PM	BLOSSOM BAGS	5-12 YRS
TUES 19 APRIL	10AM-12	MAGIC TRICKS	10-14 YRS
	1PM-3PM	JUGGLING AND BALLOON ARTISTRY	7-14 YRS
WED 20 APRIL	3.30-5.30PM	KEPA KURL CALENDAR SESSION 1	8-17 YRS
THURS 21 APRIL	10AM-12	DIY FELT FINGER PUPPETS SESSION 1	8-14 YRS
	3.30-5.30PM	KEPA KURL CALENDAR SESSION 2	8-17 YRS
FRI 22 APRIL	10AM-12	DIY FELT FINGER PUPPETS SESSION 2	8-14 YRS
	1PM-3PM	PAINT POURING	10-17 YRS

REGISTRATIONS ESSENTIAL BOOK ONLINE  
CANNERYARTSCENTRE.COM.AU

**PORTS FOOTBALL CLUB**

GET READY FOR GAME DAY!

Online registrations open now for the 2022 Season. Year 4 and older. (except matches on school days)

Register on the link below:  
[portsfc.com.au/register](https://portsfc.com.au/register)

Cost: \$100 for the Season  
Season Runs: 22 April - 5 August  
Lots of family nights held during the year - Covid permitting

Need more information?  
Junior Coordinator  
Greg Solly - 0439 405 280

**JOIN US FOR THE 25TH MOTHER'S DAY CLASSIC ON SUNDAY 8TH MAY**

REGISTER NOW AT [mothersdayclassic.com.au](http://mothersdayclassic.com.au)

**GET ACTIVE FOR BREAST CANCER RESEARCH**

MOTHER'S DAY CLASSIC ESPERANCE  
The Esplanade - Run 8km 7:30am, Walk 4km 8:00am

**YOUTH SOCCER**

**AGE GROUPS**  
5-6yrs, 7-8yrs, 9-11yrs, 12-14yrs, 15-yrs

**Registrations Now open!**

**FUN • FITNESS • FRIENDS**

Join in with the world's most popular sport! New players welcome- no experience necessary. Games played Sundays from 12pm during May-September. Training Wednesday afternoons. Soccer fields located corner of Jane and Brazier Streets.

**SIGN UP TODAY!**  
[www.playfootball.com.au](http://www.playfootball.com.au)

**ENQUIRIES**  
[espsoccerassoc@outlook.com](mailto:espsoccerassoc@outlook.com)  
0492 933 523  
[espsoccer.tidyhq.com](http://espsoccer.tidyhq.com)

**Wonderful Wetlands: School Holidays Program**

Book here:  
<https://southcoastnrm.com.au/news-events>

**Free two-hour field trips, Lake Wheatfield**

Water Bugs sampling  
Tuesday 12 April  
Tuesday 19 April

Cultural Heritage and Birds guided walk  
Thursday 14 April  
Thursday 21 April

**NEWTOWN CONDUNGUP FOOTBALL CLUB**

**U10 AND U12S SKILL DEVELOPMENT AND REGISTRATION DAY**

**April 07, 2022 from 3:30pm - 4:30pm.**  
Castletown Primary School Oval

For more information please contact  
Shane Liddlelow 0427 715 191



# Circle of Security®

## PARENTING SERIES

**Presented by:** Michelle Pitman

**Location:** Microsoft Teams online

**Date:** Commences 31<sup>st</sup> May 2022

**Times:** 10-11.30am

**Cost:** Free

**Who should attend:** Parents with young children

**How to register:** Phone 90710 400 or contact Michelle [michelle.pitman@health.wa.gov.au](mailto:michelle.pitman@health.wa.gov.au)

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At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

### **Learning Objectives of the Training:**

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

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This program COSP™ Abbreviated runs for 6 weeks and concludes on 5<sup>th</sup> June 2022. Please try to login before the scheduled start time.

Supported by

