



Castletown PRIMARY SCHOOL

Inspire - Educate - Succeed

At Castletown Primary School we inspire and educate all students to succeed in becoming productive and valued citizens

Class Policy – Physical Education

Communication

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Overview

Sport and Physical Education plays a huge role in the lifestyles of many people in and around Esperance. Our school's Phys Ed programs are designed to develop safe and engaging activities which are diverse, skill based, character building and fun for all. All students deserve to be successful and provided with the opportunity to develop their skills, physical fitness, team work, as well as developing character traits which promote a healthy lifestyle and sportsmanship. Having a constant focus on these attributes will maximise each learner's opportunity to achieve their potential and become a resilient sportsperson and community member. Across the course of their schooling, all students will be given the opportunity to participate in 120 minutes of sporting activities each week, participate in Whole School Sport games/ activities, compete in our Faction Athletics carnival and attend Interschool sporting events where they compete against schools from the local district. All of these experiences are aimed to build each students' skills, team work and promoting a healthy and active lifestyle.



Promoting Positive Behaviour – PBIS Rewards & Castle Points

At Castletown PS we like to *Catch 'em being good!* - The strongest influence on shaping the positive behaviour of our Castletown kids is to promote, reinforce and incentivise the behaviour we want to see. These target behaviours are set out in the School Wide Positive Behaviour Matrix below.

We actively seek to reinforce the positive behavior of students through giving student's direct feedback and awarding *Castle Points* to individual students through the PBIS Rewards system. Students can save up their Castle Points to spend on classroom and whole-school incentives. At the end of every PE lesson, 2 worthy students are awarded "Castletown Superstar" and receive 3 PBIS points.

Each lesson uses the CPS Choices Check-In Chart as a visual system to promote and track behavior. The teacher refers to the chart throughout each lesson to encourage students to make positive choices and remind students that they may be making negative ones.





SCHOOL WIDE POSITIVE BEHAVIOURS

CLASSROOM

PLAY AREAS

COMMUNITY



Be a Learner

I use Attentive Listening
I follow the classroom rules
I use my manners and speak kindly

I learn from my mistakes
I think about what I can do next time
I admit if I have done something wrong

I participate in all school activities
I try my best and persevere
I am in charge of my choices



Be Respectful

I look after my classroom equipment
I keep my hands and feet to myself
I am honest about my actions

I use all equipment safely
I care for my school environment
I return all equipment that I use

I treat others how I would like to be treated
I represent my school in a positive manner
I keep my hands and feet to myself



Be Resilient

I have a go at all activities
I try my best and don't give up
I am in charge of my choices

I bounce back when things don't go my way
I follow the rules of games
I work with others to solve problems

I travel safely to and from school
I make safe and healthy choices
I follow the CPS expectations in the community



Be Friendly

I share and take turns
I help others
I am a positive group member

I let people join in
I speak positively to others
I look after others

I greet others
I welcome new students to the school
I make visitors welcome



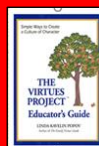
Be Responsible

I listen to feedback
I look for ways to improve my learning
I make safe and healthy choices

I share space and take turns
I speak to duty teachers when I need help
I keep my hands and feet to myself

I think before I act
I contribute to the community
I set a good example for others

The Virtues Project



A virtue is a quality of character that allows you to behave and interact in a positive and meaningful way in society.

What is the Virtues Project?

The Virtues Project at Castletown Primary School is a layer of our Positive Behaviour programs that helps students and teachers create a total environment of caring and respect by focusing in on positive character traits. The Virtues Project is important because virtues are present in all cultures and they build and promote the growth of a child's character.

Reporting and Assessment

Students progressively work through 4 week blocks of a variety of sports throughout the course of the year (except Term 1 which is focused on Athletics). All year levels are given an explicit focus on what skills, knowledge and interpersonal skills they need to achieve within that sporting program. Each student's ability to achieve these yearly standards dictates their "skill grade" and "effort grade" at the end of each semester. This year will involve students being filmed while performing their skills, which will be used to dictate a grade and collate a bank of evidence for each individual student.



Friday Whole School Sports

The Whole School Faction Sports program will include the introduction of weekly sporting competitions for Factions and build the profile of competitive sport in general. The Faction Sports program will support the school's Virtues through the promotion of 'Spirit' points for Respect, Inclusivity & Perseverance.

Students will participate in structured learning experiences and competitions for 1 hour on a Friday. Faction teams (Challenger, Cygnet, Parmelia & Success) will be used to form the basis for competitive activities with students wearing their coloured shirts each week to promote faction unity.

Year 1, 2 and 3 students will rotate through 4 fundamental movement skills in an hour session. Year 4, 5 and 6 students will participate in different sport each week. The session will include skills based activities and a match play game at the end.

Timetabling:

- Years 1, 2 & 3 @ 1:20 – 2:10
- Years 4, 5 & 6 @ 2:10 – 3:00



Uniform

Castletown Primary School Board has established a dress code for all students which can be found on the school website. [Castletown PS Uniform Policy](#). The uniform shop is in the New Undercover Area and open on Wednesday mornings. Broad-brim hats must be worn by students during Phys ed lessons and also at recess and lunch play. Appropriate shoes are required on days when students participate in their Phys Ed lesson and every Friday for Whole School Sport. Friday also requires students to wear their faction shirts.

Homework

It is encouraged for students to find time at home to continually practise skills taught at school. This helps to achieve new skills and promotes a healthy lifestyle which encourages students to stay active. Each sport undertaken at Castletown is linked to seasonal sports which gives students the opportunities to join local clubs and organisations. If you are interested in your child joining a local club, please do not hesitate to ask Mr Pansini for more information.

Parent Help

Friday Whole School Sports

We are seeking Parent help to support the activities planned for Friday Whole School Faction Sports this term. Parents or carers will support activities organised by our Phys Ed Specialist, Damien Pansini. Damien will give an induction to all helpers prior to a program commencing. Parent helpers will stay with a particular sport/activity for an hour session from weeks 3-10.

Athletics Carnival/ Interschool:

Whole School Sporting carnivals are exciting and fun filled days which depend on support from parent volunteers. If you are available, your help would be greatly appreciated and it is a fun way to get up close to the action and see your child/ children perform in their events.

Sporting Excursions:

There are a range of sporting excursion and events throughout the year which give students in Year 3 to 6 the opportunity to compete against schools from around the district. With sports including football, cricket, hockey and tennis to just name a few. If your child is attending one of these events this year, please come along to support or lend a helping hand.